

Co-Parenting Questionnaire

(1) Strongly Disagree	(2) Disagree	(3) Neutral	(4) Agree	(5) Strongly Agree
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My ability to achieve a successful outcome in co-parenting primarily will depend on the decisions I make during the process	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In order to work in the children's interests, I am willing to let go of some smaller short-term issues, even though it may be very hard to do so.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am capable of making the emotional commitment necessary to achieve the best possible outcome for co-parenting..	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am not afraid of or intimidated by my (ex)spouse.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am willing to try to see things from his/her point of view in order to help achieve the best possible outcome for our children..	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I believe it is necessary for us to have enough trust in each other to achieve a successful outcome in co-parenting.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am willing to commit to resolving issues in the best interests of our children rather than arguing in favor of my positions or of winning.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is important to me that as parents she/he and I maintain a respectful and effective relationship for the sake of the children's well-being.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I believe that it is very important that our children maintain a strong, healthy relationship with both of us and I will do everything in my power to encourage their relationship with him/her.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

TOTAL POINTS _____